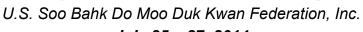
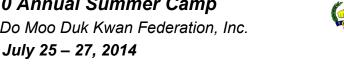


Young Yong Gi Region 10 Annual Summer Camp





Friday, 3:00 PM through Sunday, Noon

Registration Form

Packages		Category	Age	Price BY June 8 th	Price AFTER June 8 th
FULL Weekend		Practitioner	17 & Under	\$150.00	\$170.00
Includes		Practitioner	18 & Over	\$190.00	\$210.00
2 Nights Lodging and 6 Meals		Non-Practitioner/Gue		\$95.00	\$115.00
Friday, July 25 th , 3 PM through Sunday, July 27 th , Lunchtime		Non-Practitioner/Gues	st 18 & Over	\$110.00	\$130.00
(New) Commuter Weekend Includes 4 Meals- All lunches and dinners		Practitioner	All Ages	\$140.00	\$155.00
Saturday Only		Practitioner	All Ages	\$110.00	\$120.00
(No Lodging) Includes 2 Meals- lunch and dinner		Non-Practitioner/Gue	st All Ages*	\$30.00	\$35.00
For non-practition	leals only lers or practitioner who want not included in their package	Practitioners and Non-Practitioner	All Ages \$10.00 per Must be reserved by Please attach note for meals ne		d by June 8, 2014 note & payment
Note: Lazy F will waive the day use fees for non-practitioners who are just dropping off or picking up students, or just observing one or two classes, even if they are purchasing meals. However, non-practitioners planning to spend the majority of the time on camp grounds are expected to register and pay appropriately for camp ground use. * Children age 2 and under are free					
Rank: Federation ID: Must be current federation member to participate Check one: □ Practitioner □ Non-Practition			-Practitioner		
Last Name, First Name	Gender: ☐ Male ☐ Female Age:			:	
Address:	Package Price			ce \$	
City, State & Zip Code:	Additional Meals each				
Telephone:	Breakfast X \$10 ea			ea. \$	
Email:				Lunch X \$10	ea. \$
Studio Name:				Dinner X \$10	ea \$
Short Sleeve T-Shirt Size	Adult: SM_L_	XLXXLXXXL		T-shirt total X \$15 e.	\$
and Totals	Youth: SML_	_	Yes		
Long Sleeve T-Shirt Size and Totals	Adult: SML_ Youth: S M L	XLXXLXXXL	Women's Cut? Yes	Long Sleeve T-shirt total X \$20. 6	\$
Hoodie					
Sweatshirt Size and Totals	Adult: SML_ Youth: S M L_	XLXXLXXXL_		Sweat-shirt total X \$35 e	a. \$
Family Room		— gether as requested. Please inc	licate this and any other sp		
Share or Special needs:					
	Make check i	payable to: Region 1	0 Dan Association	on	\$



Young Yong Gi Region 10 Annual Summer Camp

U.S. Soo Bahk Do Moo Duk Kwan Federation, Inc. July 25 - 27, 2014



Friday, 3:00 PM through Sunday, Noon

Participant or Guest Waiver

In consideration of being allowed to participate in any way in the United States Soo Bahk Do Moo Duk Kwan athletics/sports program and related events and activities, the undersigned:

- 1. Agrees that the parent(s) and or legal guardian will instruct the minor participant that prior to participating he or she should inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she should immediately advise his or her instructor of such condition(s) and refuse to participate.
- 2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, severe social and economic losses which might result not only from their own actions or inactions or negligence of others, the rules of play, or the condition of premises or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
- 3. Assume all foregoing risk and accept personal responsibility for damages following such injury, personal disability or death.
- 4. Agrees to abide by all Lazy F camp rules, including no alcoholic beverages or smoking.
- 5. Release, waive, discharge and covenant not to sue United States Soo Bahk Do Moo Duk Kwan Federation, Inc., Region 10 Dan Association, Lazy F Camp, and its affiliated organizations, their respective administrators, director, agents, coaches, or other employees or members of the organization, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and leasers of premises to conduct the event, all of which are hereinafter referred to as "releases" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, cause or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

WE HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT VOLUNTARILY.

Print name of MINOR participant (under 18)	Printed name of ADULT participant
Printed name of Parent or Legal Guardian of MINOR participant	
Signature of Parent or Legal Guardian of MINOR participant	Signature of ADULT participant
Date signed	Date signed

ATTENTION: Everyone 21 and Younger

You must also complete the next 2 pages-Lazy F Challenge Course Release and Medical Form-in order to participate in the Challenge Course activities during camp)

Lazy F Challenge Course Release of Liability

(You must complete these 2 pages in order to participate in the Challenge Course activities)

Disclosure

The Challenge Course experience at Lazy F Camp & Retreat Center involves the following activities:

Orientation/Introduction – goal setting, safety briefing, learning names, and physical warm-ups. Initiative Games – group activities that use little or no props, are low to the ground, and emphasize group decisionmaking and problem-solving skills, cooperation, awareness of individual's effect on the group, leadership styles, etc.

Spotting & Trust Activities – activities that teach proper spotting techniques used for safety in trust and low element events, development of trust among group members, and emphasize looking out for another's physical and emotional safety. May include the "trust fall", where participants fall back into the arms of group member from a height of 4 feet.

Team Challenge Elements – the group will use permanent structures, cables, etc. built among the trees including: a whale watch, a spiders web, a 12 ft. wall up to get over, "tight rope" walking, or trust fall activities and more. Summit Adventure Elements— these elements are built in trees, are up to 65ft. high, and include: Pirates Crossing, Climbing Tree, Vertical Playpen, Multivine, Climbing Tower, and Zip Line. Participants wear helmets and are belayed at all times with a climbing rope and harness.

Some of the above activities are physically rigorous. The level of participation in a challenge course activity is at all times completely up to the individual's choice. Yet there is a risk, which must be assumed by each participant that he or she may suffer an emotional or physical injury or disability. Injuries can include, but are not limited to; cable burns, rope burns, sprains, skin abrasions, and pulled/strained muscles. In the unlikely event of a failure of a helmet, belay, or other safety precautions, more serious injuries or even death could result.

The number and choice of element your group be participating on will depend on the length of time your group spends in our challenge course program and the goals of your group

Policy for participation in the Lazy F Challenge Course experience requires that every participant must make certain health/medical information known to the course facilitator(s) prior to participation so that they are prepared to respond appropriately if the need arises. This information will be held confidential. Please be sure to complete the Participant Data form on the reverse side prior to your scheduled course visit.

No one will be able to participate in Challenge Course activities without a signed "Participant's Data Form" and a "Release of Liability Form"!

Release of Liability

I, the undersigned, understand that parts of the Challenge course experience at Lazy F may be physically or emotionally demanding. I affirm my (or my child's) health is good, and that I (or my child's) am (is) not under a physician's care for any undisclosed conditions that might endanger my (or my child's) health or that of other participants. I recognize the inherent risk of injury or disability in challenge course activities.

I hereby agree to release the United Methodist Church, the Conference Camping Commission, Lazy F Camp & Retreat Center, and any of their directors, officers, staff members, or volunteers, from any liability, claims, demands, legal suit, or causes of action arising out of, or in any way connected with my participation in the Challenge Course activities, and further to indemnify them for any losses resulting from any suit brought in my name or on my behalf.

Participant's Signature_	Date	
	(Parent or Guardian's Signature if under 18)	
Dautiain auta Nama if	(Please print Parent or Guardian's names)	
Participants Name if un	uer 18	
	See next page	

LAZY F CHALLENGE PARTICIPANT DATA/RELEASE OF LIABILITY FORM

Name_				Phone		
Addre	ess					
					Weight	
Perso	n to notif	fy in case of emerg	ency:			
Name				Relationship		
Addre	ess			Phone hm	_wk	
MED.	ICAL IN	FORMATION				
impac 1. Do 2. Ar 3. Ar 4. Do If y	t your par you wear e you on a e you alle Bug bit Bee stin you have	rticipation. All informaticipation. All informaticipation? r: contact learny medication? regic to any of the formaticipation. regic to any of the formaticipation. e any limiting physical especify: _Asthma _High blood pressucation. Low blood pressucation. Cardiac or respiration.	ormation is cons? bllowing (plead cal problems of the p	nfidential and share Hearing A What kind se specify): Medication Other (temporary or perm BKBC	y medical conditions you have donly with your group's facilit?	ilitator(s).
Carrie	er:	(Group#	Policy	#	
Name	of family	physician		Ph	one	
>	I, the u	ndersigned, have pr	ovided curren	t, factual, and comp	plete information on this form	1
Signa	ture	ardian, if participan	t is under 10 -	years of acc)	Date	_
	(Ou	ardian, ii participan	t is under 10 y	years or age)		

See previous page

Young Yong Gi Region 10 Summer Camp 2014 July 25 – 27, 2014 Schedule of Events

Note: This schedule is subject to change

Day/Time	Event	<u>Location</u>
FRIDAY- July 25		
2:30-5:00	Check-In	Entrance
3:30-5:00	Training- Staying Young in Your Training	Field
5:30-6:10	Dinner	Dining Hall
6:45-8:30	Formal Opening / Training	Field
8:30-9:45	Informal Training	Field
	Free Time	Cabins, Barn
SATURDAY- July 26		
7:00-7:45	Moo Pahl Dan Kuhm	Field
8:00-8:40	Breakfast	Dining Hall
9:00-10:15	Training	Field
10:30-11:45	Training	Field
12:00-12:30	Lunch	Dining Hall
12:50-1:15	Pictures- Promotions	Field
1:15-2:00	Training- Led by Youth / Parent Session	Field
2:15-5:15	Youth- 6-21 6-9- Climbing Tower / Low Course 10-12- High Ropes / Tower 13-21- High Ropes Archery for all	Ropes Area Climbing Tower
2:15-2:45	Adults- Training / Parents-Guest Session	Field
2:45-3:15	Adults- Training / Parents-Guest Session	Field
3:30-4:00	Adults- Training	Field
4:00-4:30	Adults- Training	Field
4:30	Adult Awards (Certificates)	Field
5:30-6:10	Dinner	Dining Hall
6:30-7:30	Prepare for skits- by groups: Children; Youth; Teens; Adult Gup; Adult Ko Dan Ja / Dan Informal Training	Cabins, Field, Barn Field
7:30-10:00	Group Skits, Campfire, Music	Campsite
SUNDAY- July 27		
7:00-7:45	Moo Pahl Dan Kuhm	Field
8:00-8:40	Breakfast	Dining Hall
9:00-10:15	Youth Awards (Certificates)- Training	Field
10:15-11:15	Pack up, Clean-up	Cabins
11:30	Lunch- Seated or To Go	Dining Hall
12:00	Depart	